



**BHARATHIAR UNIVERSITY: COIMBATORE**  
**YOUTH RED CROSS**



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**REPORT**

**A 4 - DAY STATE LEVEL YRC STUDY CAMP**

**FOR YRC VOLUNTEERS AND PROGRAMME OFFICERS**

**Date: 12<sup>th</sup> – 15<sup>th</sup> December 2011**

**Venue: Natchimuthu Seminar Hall, Bharathiar University**

**DAY – I (12.12.2011 Monday)**

The programme started at 9.00 a.m. with the welcome clap for the vice president **Thiru. Harish. L. Mehtha** followed by the hosting of the YRC flag, singing of the YRC song and taking of the YRC pledge by the programme officers and YRC volunteers. About 124 students and 19 programme officers from 19 universities through out Tamilnadu State were participated. This was followed by the Inaugural function.

Welcome address was given by **Dr. P. Chellasamy** YRC coordinator Bharathiar University. Inaugural Address was given by the vice president & Chairman **Thiru. Harish. L. Mehtha**. During his speech “He called for the formation of a big task force of YRC volunteers to help the victims of natural and manmade disasters, he pointed out that YRC volunteers are different from those of other organizations like NSS, NCC or Scouts because only they can enter the affected area and help people at the time of a natural calamity when they most need it. He advice the volunteers to develop a service – oriented mindset and be prepared to rush to the spot whenever their service is called for”.

The felicitation was given by **Thiru. M. Senthilnathan**, Treasurer, Indian Red Cross society, Tamilnadu Branch. He asked the students to involve in social services activities in a planned manner. The future of the nation is lying on the youth of the country. The College Youth must properly select their future employment opportunities. For this, the developments of

employable skills are necessary. Such skills and concern to the society can be nurtured by involving various social activities like YRC. Merely doing a course is like a passport, but the involvements in other social service activity only develop the student's knowledge on society. It will help the students to come up in their life. Class room learning is must, at the same time, each student must know about life education. This will be known only through involving in service related activities.

**Dr. Nandhini Rangaswamy** Chair Person, Indian Red Cross Society, Coimbatore District Branch, she said some of the ongoing projects which they have undertaken. "We opened a fully equipped special school where a total of 55 visually challenged and hearing impaired are studying at present. 150 children are being taken care of in the five crèches operated by us at different places. Our Thalir project will offer home for HIV – infected children and the children of the people living with HIV,"

And **Prof. A. Kadar Basha**, Honorary Advisor, YRC, who gave an insight into "what service was all about". The vote of thanks was proposed by **Dr. B. Srinivasan**, District Organizer, YRC.

**Session I** which was about "Principles of Red Cross". It was handled by the **Prof. A. Kadar Basha**. He told about the Principles of Indian Red Cross and the history and development of Red Cross movement which was started by Hendry Dunant and about his book called "Memories of Solferino".

**Session II** was on Disaster Management handled by **Mr. Jisho Jacob**. He gave an over view of disaster management. The four courses of action, functions of IRCS during disaster, the structure of the DMRT, type of disaster and features of disaster, analysis the reasons for the recent disaster, DM cycle and finally consequences and areas of disaster management such as disaster preparedness, disaster response and disaster risk reduction. His presentation was good bilingual and all are enlightened.

**Session III** was on global warming handled by **Mr. N. Krishnamoorthy** who gave the causes and effects of global warming and proposed a 10 Step remedy to mitigate global warming.

**Session IV** was also handled by **Mr. N. Krishnamoorthy**. He spoke of solar storms and discussed about the tsunami on tracing and his real life experience in tracing. It was so inspiring that many of them wanted to become a member of the training team.

**Every day the programme was started at 9.30 with hosting of the YRC flag, singing of the YRC song and taking of the YRC pledge by the programme officers and YRC volunteers. And recap of previous day sessions by the volunteers and programme officers.**

**DAY – II (13.12.2011 Tuesday)**

**Session V** was handled by **Mr. N. krishnamoorthy** who revised the principles of YRC, components and emblems such as Red Cross, Red Crescent and red crystals.

**Session VI** was on health education by **Dr. Mohamed Ail** who said that “Health is wealth and we must also take care of our health to serve others”.

**Session VII** was taken over by **Mrs. Meenashi** who gave her personal experiences – spoke about the stigma attached to AIDS and drug to control the condition.

**Session VIII** was on safety and first aid which was taken up by **Mr. K. krishnamoorthy and Mrs. Nicey** of St. John Ambulance, Tirupur. Mrs. Nicey conducted the programme excellently and removed all wrong practices in First Aid. She spoke on basic life support techniques, ABC rules and CPR Method for Adults Children and Infants. She show them how to handle the victims of electric stock, heart attack, swallowed poisons, inhalation of poisonous gas, managing the victims of fire, to the point she made the entire session interesting and interactive.

**DAY – III (14.12.2011 Wednesday)**

**Session IX** was handled by **Mr. D. Vijiyakumar** the project co-ordinator of Child Labour project. He was speaking about child labour and child abuse and shown the video clippings regarding the child labour in the World especially in India.

**Session X** The talk on volunteerism was given by **Dr.M. Padmanabhan** who summarized up saying that “the whole world can be changed if the youth come forward to change it”.

**Session XI** was on “Awareness on blood donation” was taken by **Dr. Hemalatha**, Blood Bank Medical Officer who dispelled all our myths regarding blood donation. She answers to all the questions raised by the participants.

**Session XII** was on “Adolescent psychology” **Dr. B. Selvaraj** of Government Arts College, Coimbatore. He talks about the problems of adolescent and the psychology solution to the problems.

#### **DAY –IV (15.12.2011 Thursday)**

The day started with a talk by **Mr. Vanoli Thangavel**, the participants were taken up by his amazing memory and speed of flawless delivery. This was followed by the arts of communication which was **Session XIII** by **Dr. C. Suriyanarayan**. He was an embodiment of happiness, humour and joy. He also gave the lots quotes regarding the art of communication.

**Session XIV** was on leadership and personality development by **Dr. Kanakaraj** he spoke on soft skill and said that the important aspect of soft skill is the ability to speak the English.

A short film on AIDS, which was filmed by the students was screened which made them aware of the discrimination against AIDS.

**Session XV Teacher Ashok Kumar** of the Isha Yoga centre spoke about yoga and said it was a way to happiness and health. Key to happiness must come from within and not from without. There was a lecture cum demonstration and practice of Kreeya by teacher Ashok Kumar.

**Final Session XVI** was the **group discussion and feedback** session. The programme officers and YRC volunteers had a group discussion about the 4 - day State level study camp

which helps them to express their views. They filled the feedback form and gave feedback and suggestion about the 4 - day State level YRC study camp.

### **Valedictory Function**

The welcome address was given by **Mr. A. Alagarsamy**, District organizer, YRC. The Presidential and valedictory address was given by **Dr. P.K. Manogaran**, Dean, College Development Council, Bharathiar University. His advice was to spread the things that they learn in the study camp and to serve the nation. He recalled his personal experience in the field of YRC and NSS. He also distributed the certificates to the programme officers and volunteers. The Vote of thanks was proposed by **Dr. P. Chellasamy** YRC, Zonal Co-ordinator. Finally the 4 -day State level study camp was ended with National Anthem.

### **Area covered:**

- ❖ **History of Red Cross & Principles**
- ❖ **Disaster Management**
- ❖ **Global Warming**
- ❖ **Tracing During Natural Disaster**
- ❖ **Psychological Support during Disaster**
- ❖ **Health Education**
- ❖ **Awareness on HIV/AIDS**
- ❖ **First Aid & Fire Safety**
- ❖ **Child Protection**
- ❖ **Volunteerism**
- ❖ **Awareness on Blood Donation**
- ❖ **Adolescent Psychology**
- ❖ **The art of communication skill**
- ❖ **Leadership**
- ❖ **Yoga**
- ❖ **Group Discussion/Feed Back**





