



BHARATHIAR UNIVERSITY: COIMBATORE



YOUTH RED CROSS

REPORT

**A 3 - DAY ZONAL LEVEL ORIENTAITON TRAINING PROGRAMME
FOR YRC VOLUNTEERS AND PROGRAMME OFFICERS**

Date: 23rd - 25th January 2012

Venue: Seminar Hall, Department of Computer Science, Bharathiar University

DAY-1(23.01.2012, Monday)

The programme started at 9.00 a.m. with the registration followed by the hosting the YRC flag, singing the YRC song and taking the YRC pledge by the programme officers and YRC volunteers. This was followed by the inaugural function.

Welcome address was given by **Dr.P.Chellasamy**, Zonal Co-ordinator, Bharathiar University. Presidential address was given by **Col. Dr. C. Swaminathan**, Vice chancellor, Bharathiar University. “He advice the volunteers to develop a service-oriented mindset and be prepared to rust to the spot whenever their service is called for”

Inaugural address was given by Thiru. **M.S.M. Nasruddin** General Secretary, Indian Red Cross Society “He asked the YRC volunteers to help the victims of natural and manmade disasters. He appreciated the YRC volunteers for their active participation in helping the people”

The felicitation address was given by **Thiru. S. Kumaraguruparan** Development Officer, Indian Red Cross Society. The vote of thanks was proposed by **Dr. B. Srinivasan**, District Organizer, YRC.

Session 1 which was about “**History and principles of red cross**” it was handled by **Mr.N.Krishnamoorthi**. He told about the principles of Indian Red Cross and the history and development. He gave tips to remember the former through the order features of our face.

Session II and III was on **Leadership Training and Personality Development**. It was handled by **Mr. Rathna Natarajan**. It was a useful session which insisted on the fear of failures and leadership qualities. It was an inspiring speech for the young minds to follow and become great public speakers. The importance of personality and charisma in leadership is stressed by the speaker.

Session IV was about **Tree Plantation**. It was handled by **Osai K. Kalidasan**. His presentation was heart-felt. He talked on forest as a source of rain, forest as a habitat for different

species and the ecological balance behind them. He also dealt with concern for the forest, do and don'ts when we are in the forest. The point where he spoke on the ignorance of the names of local birds in contrast to the familiarity of unknown foreign breed served as an eye opener for the session.

Every day the programme was started at 9.00 a.m. with hosting of the YRC flag, singing of the YRC song and taking of the YRC pledge by the programme officers and YRC volunteers. And recap of previous day session by the volunteers and programme officers.

Day II (24.01.2012 Tuesday)

Session V and VI was about **Global Warming and Disaster Management**. It was handled by **Mr.N.Krishnamoorthi**. He showed many pictures of global warming and he stressed on human activities being the main cause for global warming and ozone layer depletion. He gave overview of disaster management. The four courses of action function of IRCS during disaster. His presentation was good and bilingual and all are enlightened.

Session VII and VIII was on **first aid / first safety** with demonstration which was taken up by **Mr. K. Krishnamoorthy and Mrs. Nicey** of St. John's Ambulance, Tirupur. Mrs. Nicey conducted the programme excellently and removed all wrong practices in First Aid. She spoke on basic life support techniques, ABC rules and CPR method for adult's children and infants. She show them how to handle the victims of electric stock, heart attack, swallowed poisons, inhalation of poisonous gas, managing the victims of fire, to the point she made the entire session interesting and interactive.

Session IX was about **Blood Donation** was taken by **Dr.T.M. Subbarao**. He detailed explain about different blood groups, the advantages of blood donation for the giver and the receiver and how blood donation is a life – saving act. He dispelled all our myths regarding blood donation and answer to all questions rose by the participant.

Day III (25.01.2012 Wednesday)

Session X was about **Communication is an Art** was taken by **Dr. C. Suriyanarayan**. He was an embodiment of happiness, humour and joy. He also gave the lots quotes regarding the art of communication.

Session XI was on **Adolescent Psychology** was handled by **Dr. B. Selvaraj**. It was really a psychological session which explored the minds of adolescents. The distraction, the stress and the over – conscious behavior of the teens is dealt in detail by the speaker.

Session XII the talk on **Health Education** was taken by **Dr. K. Mahadevan**. He explained importance of cleanliness from head to toe and the harmful effects of not following it. He expressed in depth how a single bad habit can lead to a multiple bad habits.

Final **Session XII** was the **group discussion / feedback** session. The programme officers and YRC volunteers had a group discussion about the 3 day zonal level orientation training programme which help them to express their views. They filled the feedback form and gave feedback and suggestion about the programme.

Valedictory function

The welcome address was given by **Mr. A. Alagarsamy**, District Organizer, YRC. The felicitation address was given by **Miss. B. Nasreen**, State Level Officer, YRC. “She appreciated the programme officers and YRC volunteers for their active participation in the orientation training programme” The presidential and valedictory address was given by **Dr. P. Thirumalvalavan**, Registrar, Bharathiar University. He asked the volunteers to take the information and spread to others for the welfare of the nation. He also distributed the certificates to the programme officers and volunteers. The vote of thanks was proposed by **Dr. P.Chellasamy**, Zonal Co-ordinator, YRC. Finally the 3 -day zonal level orientation training programme was ended with the national anthem.

AREA COVERED

- ★ **History and principles of Red Cross movement**
- ★ **Leadership training and personality development**
- ★ **Tree plantation**
- ★ **Global warming**
- ★ **Disaster management**
- ★ **First aid / first safety with demonstration**
- ★ **Blood donation**
- ★ **Communication is an art**
- ★ **Adolescent psychology**
- ★ **Health education**

★ Group discussion / feed back



