

## **Faculty Profile of Dr. M. Rajkumar**



**Dr. M. Rajkumar**  
**Professor**  
**Department of Physical Education**

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Phone No:0422 2428574

Mobile No:+91 9842520099

### **Research Area**

- Sports Training
- Yoga
- Bio-Mechanics
- Adapted Physical Education
- Sports Technology
- Sports Psychology

### **Education & Career**

## Education

### **Ph.D.**

**Subject :** Physical Education

**Institution :** Department of Physical Education and Health Sciences,  
Alagappa University, Karaikudi

**Affiliated University :** Alagappa University

**Year of Award :** 2010

### **PGDCA**

**Subject :** Yoga Education

**Institution :** School of Distance Education, Annamalai University,  
Chidambaram

**Affiliated University :** Annamalai University

**Year of Award :** 2008

### **M.Phil.,**

**Subject :** Physical Education

**Institution :** Department of Physical Education, Annamalai University,  
Chidambaram

**Affiliated University :** Annamalai University

**Year of Award :** 2005

### **SLET**

**Year of Passing :** 1999

**Register Number :** 422047

### **M.P.Ed.,**

**Subject:** Physical Education

**Institution :** Department of Physical Education, Alagappa University,  
Karaikudi

**Affiliated University :** Alagappa University

**Year of Award :** 1999

### **B.Sc.,**

**Subject:** Physical Education

**Institution:** Ayya Nadar Janaki Ammal Collge,Sivakasi

**Affiliated University:** Madurai Kamaraj University

**Year of Award:** 1997

## Career

**At Bharathiar University (Reverse Order)**

**Professor :** August 2017 to Till Date

**Associate Professor :** August 2014 to August 2017

**Past Experience**

**Assistant Professor :** September 2010 to August 2014 at Maruthi College of Physical Education

**Assistant Professor :** October 2001 to September 2010 at Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur.

**Physical Director :** August 1999 to April 2001 at P.K.N. Arts & Science College, Tirumangalam.

**Awards****Academic Awards**

**Awarding Agency :** DK International Research Foundation

**Country :** India

**Purpose of Award :** Excellent Teaching in Higher Education

**Date of Award :** 27.05.2018

**Awarding Agency :** AIRFA

**Country :** India

**Purpose of Award :** Highest Book Publishing Award

**Date of Award :** 25.11.2017

**Membership**

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**Membership in Professional Bodies**

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**Organization :** International Journal of Recent Research and Applied Studies (IJRRAS)

**Type of Membership :** Editorial Board Member

**Period :** 2014 onwards

**Organization :** Bharathiar National Journal op Physical Education and Exercise Science (BNJPEES)

**Type of Membership :** Editor

**Period :** 2019 onwards

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## Membership in Academic Bodies

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**Organization :** Sri Ramakrishna Mission Vidyalaya Maruthi College of Physical Education

**Type of Membership :** Board of Studies

**Period :** 2010 onwards

**Organization :** Ramakrishna Mission Vivekananda University, Faculty of General & Adapted Physical Education and Yoga

**Type of Membership :** Board of Studies

**Period :** 2010 onwards

**Organization :** Department of Physical Education, Kannur University

**Type of Membership :** Board of Studies

**Period :** 2010 onwards

**Organization :** Department of Physical Education, Bharathiar University

**Type of Membership :** Board of Studies

**Period :** 2015 onwards

## Visits

**Sl.No :** 1

**Countries Visits :** Philippines

**Duration of Visit :** 3 Days

**Month and Year :** November 2019

**Purpose of Visit :** 2019 Southeast Asian Games Scientific Conference

## Collaborators

## Others

## Projects

## Funded Projects (National Level)

- [Ongoing](#)
- [Completed](#)

Ongoing Projects List with necessary Information

Completed Projects List with necessary Information

## Consultancy Projects

- [Ongoing](#)
- [Completed](#)

Ongoing Consultancy Project Informations

Completed Consultancy Project Informations

## Research Guidance

- [Post Doc.](#)
- [Ph.D.](#)
- [M.Phil.](#)
- [M.Sc.](#)

### Ongoing

Title

Name

### Completed

Title

Name

### Ongoing

**Sl. No. : 1**

**Name of the candidate :** G.Tamilselvan

**Title of the Thesis :** Assessment of Body Composition and Impact of suspension training and own body resistance training on khelo India fitness

test variables among school boys

**Year of Award:** NA

**Sl. No. :** 2

**Name of the candidate :** P.Rajangam

**Title of the Thesis :** Isolated and combined effects of plyometric training and maximal power training on health related physical fitness physiological and

Anthropometric variables of college men

**Year of Award:** NA

Completed

**Sl. No. :** 1

**Name of the candidate :** M.Gopi

**Title of the Thesis :** Individualized and Combined Effect of Vision Training on selected strength parameters vision skills and skill performance among tennis players

**Year of Award:** 2019

**Sl. No. :** 2

**Name of the candidate :** G. Thirumal

**Title of the Thesis :** Effect of Asana Pranayama Meditation and Combined Practice on Health related Physical Fitness and Selected Psychological Variables among Old Men

**Year of Award:** 2019

**Sl. No. :** 3

**Name of the candidate :** Sandeep Sunny

**Title of the Thesis :** Multi Perspective analysis on Coaching Behaviour with Respect to Age Gender & sport-

**Year of Award:** 2018

**Sl. No. :** 4

**Name of the candidate :** S. Arun

**Title of the Thesis :** Effect of Exercise With and Without Theraband on selected Physiological Variables on Sub junior Judokas of Kerala

**Year of Award:** 2018

**Sl. No. : 5**

**Name of the candidate :** R. Sathish Kumar

**Title of the Thesis :** Effect of Physical Exercise and Yogic Practices on Selected Health Related Physical Fitness Physiological and Psychological Variables of Residential College students

**Year of Award:** 2017

**Sl. No. : 6**

**Name of the candidate :** L. Mahalingam

**Title of the Thesis :** Influence of Brisk Walking and Jogging Exercise on Selected Health Related Physical Fitness Variables among Middle Aged Men

**Year of Award:** 2017

**Sl. No. : 7**

**Name of the candidate :** P. Prabhu Pandian

**Title of the Thesis :** Effect of With and Without Music on Physical Exercises on Selected Physiological and Psychological Variables among Obese Students

**Year of Award:** 2016

Ongoing

Sample Data.

Completed

**Sl. No. : 1**

**Name of the candidate :** G. Scot Newton

**Title of the Thesis :** Life Style on Selected Physical Fitness Variables among Urban, Rural and Tribal Area School Children in Coimbatore District.

**Year :** 2013

Ongoing

Sample Data.

Completed

**Sl. No. : 1**

**Name of the candidate :** Umamaheswari S

**Title of the Dissertation :** Comparative study on shoulder strength and leg explosive power between inter collegiate level basketball and handball players

**Year of Award:** 2019

**Sl. No. : 2**

**Name of the candidate :** Ruba S

**Title of the Dissertation :** Comparative study on self-concept of inter collegiate women hockey and handball players

**Year of Award:** 2019

**Sl. No. : 3**

**Name of the candidate :** Gajaraj S

**Title of the Dissertation :** Comparative study on sports mental toughness between inter collegiate level hockey and football men players

**Year of Award:** 2019

**Sl. No. : 4**

**Name of the candidate :** Anandan P

**Title of the Dissertation :** Comparative study on agility strength and speed between inter college level cricket and softball men players

**Year of Award:** 2019

**Sl. No. : 5**

**Name of the candidate :** Mahendran T

**Title of the Dissertation :** Comparative study on selected bio motor variables between inter college level cricket and softball players

**Year of Award:** 2019

**Sl. No. : 6**

**Name of the candidate :** Karthikeyan V

**Title of the Dissertation :** Comparative study on selected psychological variables between sprinters and long distance runners f inter collegiate male athletes

**Year of Award:** 2018

**Sl. No. : 7**

**Name of the candidate :** Sharnesh R



**Title of the Dissertation :** Effect of selected specific cricket drills on skill performance of inter collegiate cricket players

**Year of Award:** 2018

**Sl. No. :** 8

**Name of the candidate :** Thangamurugan A

**Title of the Dissertation :** Comparative study on anthropometrical characteristics of inter university and intercollegiate level men cricket players

**Year of Award:** 2017

**Sl. No. :** 9

**Name of the candidate :** Rajesh M

**Title of the Dissertation :** Comparative study on self - confidence between junior and senior state level wrestlers

**Year of Award:** 2017

**Sl. No. :** 10

**Name of the candidate :** Guru Prasath V

**Title of the Dissertation :** Effect of medicine ball exercise on core muscle strength of college men kabaddi players

**Year of Award:** 2017

**Sl. No. :** 11

**Name of the candidate :** Marichamy K

**Title of the Dissertation :** Effect of medicine ball exercise in muscular strength and muscular endurance of college men kabaddi players

**Year of Award:** 2017

**Sl. No. :** 12

**Name of the candidate :** Baskaran M

**Title of the Dissertation :** Study of selected psychological variables among inter collegiate kabaddi players

**Year of Award:** 2017

**Sl. No. :** 13

**Name of the candidate :** Pasumpon prasath M

**Title of the Dissertation :** The effect of medicine ball training in muscular strength and muscular endurance of college men kabaddi players

**Year of Award:** 2016

**Sl. No. : 14**

**Name of the candidate :** Balamurugan N

**Title of the Dissertation :** Comparative study on selected physical fitness components and skill performance variables of Bharathiar university inter collegiate football players

**Year of Award:** 2016

**Sl. No. : 15**

**Name of the candidate :** Santhini M

**Title of the Dissertation :** Comparison of selected health related physical fitness components for rural and urban women school students

**Year of Award:** 2016

**Sl. No. : 16**

**Name of the candidate :** Kaleeswari S

**Title of the Dissertation :** Comparative study on muscular strength and muscular endurance of kabaddi players and non kabaddi players among college women

**Year of Award:** 2016

**Sl. No. : 17**

**Name of the candidate :** Vignesh G

**Title of the Dissertation :** Dimension profile of men volleyball players

**Year of Award:** 2016

**Sl. No. : 18**

**Name of the candidate :** Sumithra D

**Title of the Dissertation :** Effect of selected video teaching technique on the performance of spiking ability among intercollegiate women volleyball players

**Year of Award:** 2015

**Sl. No. : 19**

**Name of the candidate :** Narmatha A

**Title of the Dissertation :** Comparative study on performance failure appraisal between offensive and defensive women football players at inter collegiate level

**Year of Award:** 2015

**Sl. No. : 20**

**Name of the candidate :** Jayaprakash Dev

**Title of the Dissertation :** Dimension profile of handball players

**Year of Award:** 2015

**Sl. No. :** 21

**Name of the candidate :** Balamurugan G

**Title of the Dissertation :** Analysis of ICC world cup 2015

**Year of Award:** 2015

**Sl. No. :** 22

**Name of the candidate :** Dharmalingam

**Title of the Dissertation :** Comparative effect of ballistic and pnf stretching on flexibility and power among inter collegiate volleyball player

**Year of Award:** 2013

**Sl. No. :** 23

**Name of the candidate :** Palanisamy K

**Title of the Dissertation :** Effect of Imagery Training On Accuracy Performance

**Year of Award:** 2013

**Sl. No. :** 24

**Name of the candidate :** Krishnamoorthy

**Title of the Dissertation :** Compare the physical and physiological variables between Body contact and Non Body contact games

**Year of Award:** 2013

**Sl. No. :** 25

**Name of the candidate :** Hari Ramachandran N

**Title of the Dissertation :** Comparative Analysis of Selected Psychological Variables between Volleyball and Ball Badminton among Inter Collegiate Players

**Year of Award:** 2013

**Sl. No. :** 26

**Name of the candidate :** Charles Sathish Kumar M

**Title of the Dissertation :** Comparative Study of Kinesthetic Perception and Accuracy between Handball and Cricket Players

**Year of Award:** 2012

**Sl. No. :** 27

**Name of the candidate :** E. P. Gopi Nath

**Title of the Dissertation :** Analysis of Selected Specific Skill in Football among Inter Collegiate Football Players

**Year of Award:** 2012

**Sl. No. :** 28

**Name of the candidate :** Jinesh R

**Title of the Dissertation :** Relationship between Sprinting Performance and Selected Variables

**Year of Award:** 2012

**Sl. No. :** 29

**Name of the candidate :** M.Ramu

**Title of the Dissertation :** Analysis of Team Effectiveness on Selected Psychological Variables among Inter Collegiate Hockey Players

**Year of Award:** 2012

**Sl. No. :** 30

**Name of the candidate :** Karthik P

**Title of the Dissertation :** Dimensional Profile of Long Distance Runners

**Year of Award:** 2011

**Sl. No. :** 31

**Name of the candidate :** M.Prabaharan

**Title of the Dissertation :** Comparative Analysis of Physical and Anthropometrical Variables Between Basketball and Volleyball Players

**Year of Award:** 2011

**Sl. No. :** 32

**Name of the candidate :** S.Prabu

**Title of the Dissertation :** Effect of Medicine Ball Training on Muscular Strength and Muscular Endurance of College Men Basketball Players

**Year of Award:** 2011

**Sl. No. :** 33

**Name of the candidate :** N.Usha

**Title of the Dissertation :** Relationship of Selected Anthropometric Measurements and Leg Strength to Sprinting performance

**Year of Award:** 2010

**Sl. No. :** 34

**Name of the candidate :** N.Minimole

**Title of the Dissertation :** Comparative Study of Selected Physical Performance Variables in Different Games

**Year of Award:** 2010

**Sl. No. :** 35

**Name of the candidate :** A.Nelson Durai

**Title of the Dissertation :** Comparison of Physical Fitness Status of Rem and Nrem Sleeping Pattern of Inter Collegiate Players

**Year of Award:** 2010

**Sl. No. :** 36

**Name of the candidate :** T.Jegathesan

**Title of the Dissertation :** Dimensional Profile of Kabaddi Players

**Year of Award:** 2010

**Sl. No. :** 37

**Name of the candidate :** T. Jeevitha

**Title of the Dissertation :** Survey of Job Satisfaction among Physical Education Teaching Profession

**Year of Award:** 2009

**Sl. No. :** 38

**Name of the candidate :** P. Sankareswari

**Title of the Dissertation :** Comparison of Blood Group on Physical Fitness among College Women

**Year of Award:** 2009

**Sl. No. :** 39

**Name of the candidate :** N. Lingaraj

**Title of the Dissertation :** Effect of Gymnastic Exercises on Self Concept of College Students

**Year of Award:** 2009

**Sl. No. :** 40

**Name of the candidate :** D. Edwin

**Title of the Dissertation :** Comparative analysis of Volleyball Serving ability in different Environment

**Year of Award:** 2008

**Sl. No. :** 41

**Name of the candidate :** S. Jenihar Prabhu

**Title of the Dissertation :** Comparative Study on Visual Reaction Time between volleyball and Basketball Players

**Year of Award:** 2008

**Sl. No. :** 42

**Name of the candidate :** Rajapandi

**Title of the Dissertation :** Analysis of Team Effectiveness and Selected Psychological Variables among kabaddi players

**Year of Award:** 2008

**Sl. No. :** 43

**Name of the candidate :** N. Sudalai Mani

**Title of the Dissertation :** Comparative Effect of Plyometric Training and Maximal Power Training on Selected Variables

**Year of Award:** 2007

**Sl. No. :** 44

**Name of the candidate :** A. Justin Durai Raj

**Title of the Dissertation :** Effect of Jump Rope Training on Selected Physical and Physiological Variables

**Year of Award:** 2007

**Sl. No. :** 45

**Name of the candidate :** T. Vinoth

**Title of the Dissertation :** Effect of Pranayama on Selected Physiological Variables among Men Volleyball Players

**Year of Award:** 2006

**Sl. No. :** 46

**Name of the candidate :** A. Robinson

**Title of the Dissertation :** Analysis of Personality Traits among Disabled Impairments at School Level

**Year of Award:** 2006

**Sl. No. :** 47

**Name of the candidate :** R. Sanjay Gandhi

**Title of the Dissertation :** Effect of Brisk Walking and Jogging on Health Related Physical fitness

**Year of Award:** 2005

**Sl. No. : 48**

**Name of the candidate :** G.T. Selva Ganesh

**Title of the Dissertation :** Psychological Profile of South Zone Inter University Women Kabaddi Players

**Year of Award:** 2005

**Sl. No. : 49**

**Name of the candidate :** D. Tilak Emmanuel Vijay Singh

**Title of the Dissertation :** Comparative Study of Selected Bio motor Variables between College Men Volleyball and Cricket Players

**Year of Award:** 2004

**Sl. No. : 50**

**Name of the candidate :** D. Singaravelu

**Title of the Dissertation :** Comparative Study of General Fitness between College Men Athletes and Non - Athletes

**Year of Award:** 2004

## **Research Publication**

- [International](#)
- [National](#)
- [Patents](#)
- [Conferences](#)
- [Books / Chapters](#)
- [Database](#)

33. Effect of Asana Pranayama Meditation and Combined Practices on Selected Psychological Variables among Old Aged Men

G.Thirumal & Dr.M.Rajkumar

INFOKARA RESEARCH, 2019.

32. Effect of Asana Pranayama Meditation and Combined Practices on Health Related Physical Fitness among Old Aged Men

G.Thirumal & Dr.M.Rajkumar

ADALYA JOURNAL, 2019.

31. Effect of Game Specific Training and Vision Training on selected Strength Variables among Tennis Players.  
M.Gopi & Dr.M.Rajkumar  
Star International Journal, 2019.
30. Effect of Game Specific Training and Vision Training on Selected Skill Performance Variables among Tennis Players  
M.Gopi & Dr.M.Rajkumar  
International Journal of Recent Research and Applied Studies, 2018.
29. An Analysis on Value Congruency in Coaching Behaviour Among Men Athletes  
Sandeep sunny & Dr.M.Rajkumar  
Star Research Journal In Physical Education, 2017.
28. Analysis of throwing technique in 35th national games judo competition for women during 2015  
S. Arun & Dr.M.Rajkumar  
International Journal Of Computational Research And Development, 2017.
27. Sport based actual coaching behaviour of coaches: A comparative analysis  
Sandeep sunny & Dr.M.Rajkumar  
International Journal of Applied and Advanced Scientific Research, 2017.
26. Review of IPL teams performance through managerial factors  
Dr.P.Prabhu Pandian & Dr.M.Rajkumar  
International Journal Of Computational Research And Development, 2017.
25. Investigating the center of percussion (cop) of cricket bat using accelerometer sensor – a pilot study  
Dr.M.Rajkumar, Dr.P.Prabhu Pandian, Rajesh Jeyakrishnan  
International Journal of Development Research, 2017.
24. Analysis of throwing technique in 35th national games judo competition for men during 2015  
S. Arun & Dr.M.Rajkumar  
Star Research Journal In Physical Education, 2017.
23. Review of IPL teams organization through managerial factors  
Dr.M.Rajkumar & Dr. Prabhu Pandian



Star Research Journal In Physical Education, 2017.

22. Effect of Aerobic Step Training on Selected Physical Variables Among School Boys

P.Rajangam & Dr.M.Rajkumar

Star Research Journal In Physical Education, 2017.

21. Effect of fartlek training on selected physical variables among ball badminton players

M.Gopi & Dr.M.Rajkumar

Star Research Journal In Physical Education, 2017.

20. Effect of volleyball play on heart rate of inter collegiate volleyball players  
Dr.M.Rajkumar

International Journal of Recent Research and Applied Studies, 2017.

19. Survey of job satisfaction among physical education Teaching profession  
Dr.M.Rajkumar

Star Research Journal In Physical Education, 2016.

18. Effect of mental training on selected psychological variables among ball badminton players

M.Gopi & Dr.M.Rajkumar

International Journal of Recent Research and Applied Studies, 2016.

17. Effect of Volleyball Play on Body Temperature of Inter-Collegiate Volleyball Players

Dr.M.Rajkumar

Star Research Journal In Physical Education, 2016.

16. Effect of Yoga on Selected Bio-Chemical Variables of Overweight School Boys.

P.Rajangam & Dr.M.Rajkumar

International Journal of Recent Research and Applied Studies, 2016.

15. Descriptive Analysis of Fatigue Index Between Basketball Handball and Volleyball Players

Dr.M.Rajkumar

Star Research Journal In Physical Education, 2016.

14. Effect of Yogic Practices and Proprioceptive Training on Selected Physical Variables Among Inter Collegiate Volleyball Players

Dr.M.Rajkumar

Star Research Journal In Physical Education, 2016.

13. Dimensional profile of long distance runners.

Dr.M.Rajkumar

International Journal of Applied Research, 2016.

12. Effectiveness of Multimedia Programme in Teaching Cricket

Dr.M.Rajkumar

Star Research Journal In Physical Education, 2016.

11. Effect of Yogic Practices and Proprioceptive Training on Speed among Volleyball Players

Dr.M.Rajkumar

Star Research Journal In Physical Education, 2015.

10. Effect of High Tempo Music on Sweat Rate and Achievement Motivation

Dr.P.Prabhu Pandian & Dr.M.Rajkumar

International Journal of Recent Research and Applied Studies, 2015.

9. Effects of Physical Exercises and Yogic Practice on Selected Psychological Variables of Residential College Men Students.

R.Sathishkumar & Dr.M.Rajkumar

International Journal of Recent Research and Applied Studies, 2015.

8. Effects of Physical Exercises and Yogic Practice on Selected Health Related Physical Fitness of Residential College Men Students.

R.Sathishkumar & Dr.M.Rajkumar

International Journal of Recent Research and Applied Studies, 2015.

7. Effect of Yogic Practices and Proprioceptive Training on Flexibility among Volleyball Players

Dr.M.Rajkumar

Star Research Journal In Physical Education, 2015.

6. Effect of Selected Asanas on Percentage Of Hemoglobin among Deaf and Dumb School Students

Dr.M.Rajkumar

Star Research Journal In Physical Education, 2015.

5. Comparative Analysis of Physical and Anthropometrical Variables Between Basketball and Volleyball Players

Dr.M.Rajkumar

Star Research Journal In Physical Education, 2015.

4. Effect of music on heart rate and breathe rate

Dr.M.Rajkumar

Star Research Journal In Physical Education, 2014.

3. Effects of Mediation Techniques on selected Psychological Variables of Attention and Concentration in Women Volleyball Players

L.Mahalingam, Dr.M.Rajkumar & P.Prabhu Pandian

International Journal of Recent Research and Applied Studies, 2014.

2. Influence of Brisk Walking and Jogging Exercise on Body Composition and Trunk Flexibility among Middle Aged Men

L. Mahalingam & Dr.M.Rajkumar

International Journal of Recent Research and Applied Studies, 2014.

1. Influence of Brisk Walking and Jogging Exercise on Selected Health Related Physical Fitness Variables among Middle Aged Men

L. Mahalingam & Dr.M.Rajkumar

International Journal of Recent Research and Applied Studies (IJRRAS), 2014.

15. Tracking Immediate Physiological Changes Pre – Post Volleyball Play

Dr. M. Rajkumar

Bharathiar National Journal Of Physical Education And Exercise Sciences, 2019.

14. Impact of Yogic Practices on selected Physical and Physiological variables among Inter Collegiate Level Men Kabaddi Players.

D. Chinnadurai & Dr.M. Rajkumar

Bharathiar National Journal Of Physical Education And Exercise Sciences, 2019.

13. Effect of Medicine Ball Training on Selected Physical Fitness Variables among Inter Collegiate Level Men Kabaddi Players

D. Chinnadurai & Dr.M. Rajkumar

Bharathiar National Journal Of Physical Education And Exercise Sciences, 2019.

12. Effect of Game Specific Training on Selected Physical and Physiological Variables among College Men Kabaddi Players

G. Tamilselvan & Dr.M. Rajkumar

Bharathiar National Journal Of Physical Education And Exercise Sciences, 2019.

11. Comparative study on Kinesthetic Perception and Accuracy between Cricket Players and Hockey Players

Dr. M. Rajkumar

Journal of Adapted Physical Education and Yoga ,2013.

10. Effect of Dehydration on Sodium among Basketball Players

Dr. M. Rajkumar

Journal of Physical Education and Sports Sciences, 2012.

9. Effect of Imagery Training on Accuracy Performance

Dr. M. Rajkumar

Journal of Physical Education and Sports Sciences, 2012.

8. Effect of Medicine Ball Training on Muscular Endurance of College Men Basketball Players

Dr. M. Rajkumar

Journal of Physical Education and Sports Sciences, 2012.

7. Effect of Yoga Training on Haematological variable of Hearing Impaired Students

Dr. M. Rajkumar

Journal of Adapted Physical Education and Yoga, 2011.

6. Effect of Plyometric Training and Maximal Power Training on selected Variables

Dr. M. Rajkumar

Indian Journal for Research in physical education and sports sciences, 2010.

5. Comparative Effect of Plyometric Training and Maximal Power Training on selected Variables

Dr. M. Rajkumar

Indian Journal for Research in Physical Education and Sports Sciences, 2008.

4. Effect of Pranayama on selected Physiological variables among men volleyball players

Dr. M. Rajkumar

Indian Journal for Research in Physical Education and Sports Sciences, 2006.

3. Effect of Selected Resistance training on speed and jump related events in track and field

Dr. M. Rajkumar

Bi Annual Journal of Studies in Physical Education and Sports Sciences, 2005.

2. Effect of brisk walking and jogging on selected physical fitness variables

Dr. M. Rajkumar

Bi Annual Journal of Studies in Physical Education and Sports Sciences, 2004.

1. Comparative study of general fitness between college men athletes and non-athletes

Dr. M. Rajkumar

Bi Annual Journal of Studies in Physical Education and Sports Sciences, 2004.

#### Patent Info

#### Conference Info

1. Sports Management

Dr.M.Rajkumar

SHANLAX PUBLICATIONS, 2017

2. Bio Mechanics in Sports and Exercise

Dr.M.Rajkumar

SHANLAX PUBLICATIONS, 2017

3. Health Education and Sports Medicine

Dr.M.Rajkumar

SHANLAX PUBLICATIONS, 2017

4. Foundations of Physical Education

Dr.M.Rajkumar

SHANLAX PUBLICATIONS, 2017

5. Theories of Yoga

Dr.M.Rajkumar

SHANLAX PUBLICATIONS, 2018

6. Sports Psychology and Sociology

Dr.M.Rajkumar

SHANLAX PUBLICATIONS, 2018

7. Sports Sociology

Dr.M.Rajkumar

SHANLAX PUBLICATIONS, 2018

8. Facility Management (PG Diploma in Fitness Management)

Dr.M.Rajkumar

SDE, BU – PG Diploma in Fitness Management, Bharathiar University, 2017

9. Impact of Physical Education in Developing Wholesome Personality  
among Student Community

Dr.M.Rajkumar

Ramakrishna Mission Vidyalaya Printing Press, 2012

Database Related Info

Alumini Reflections: