

Faculty Profile of Dr. R. Anna Durai



Dr. R. Anna Durai
Professor
Department of Physical Education

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Research Area

- Yoga
- Sports Training

Education & Career

Education

Ph.D.**Subject :** Sports Training**Institution :** Alagappa University**Affiliated University :** Alagappa University**Year of Award :** 2010**M.Phil.,****Subject :** Sports Training**Institution :** Alagappa University**Affiliated University :** Alagappa University**Year of Award :** 1999**PGDSO****Subject:** Special Olympics**Institution :** Vivekananda University, CBE.**Affiliated University :** Vivekananda University**Year of Award :** 2013**PGDFM****Subject:** Fitness Wellness**Institution :** Bharathiar University**Affiliated University :** Bharathiar University**Year of Award :** 2008**NIS****Subject:** Volleyball**Institution :** LNCPE Thiruvananthapuram**Affiliated University :** *******Year of Award :** 2006**M.Phil.****Subject:** Sports Training**Institution :** Alagappa University**Affiliated University :** Alagappa University**Year of Award :** 1999**B.Ed.****Subject:** English and commerce**Institution :** Madurai Kamaraj University

Affiliated University : Madurai Kamaraj University

Year of Award : 1996

SLET

Year of Passing : 1996

M.P.Ed

Subject: Physical Education

Institution : Bharathiar University, Coimbatore

Affiliated University : Bharathiar University

Year of Award : 1993

B.P.Ed.

Subject: Physical Education

Institution : Bharathiar University, Coimbatore

Affiliated University : Bharathiar University

Year of Award : 1992

B.Com.

Subject: Commerce

Institution: R.D. Govt. arts College, Sivagangai

Affiliated University: Alagappa University

Year of Award: 1986

Career

At Bharathiar University (Reverse Order)

Associate Professor : July 2017 to Till Date

Assistant Professor (SS) : July 2015 to July 2017

Assistant Professor (S) : July 2012 to July 2015

Lecturer : July 2005 to July 2012

Awards

Membership

Membership in Academic Bodies

Sl. No. : 1

Organization : Madurai kamarajar university

Type of Membership : Board of Studied

Period : 2 Years

Sl. No. : 2

Organization : Bharathiyar University

Type of Membership : Board of Studied

Period : 2 Years

Sl. No. : 3

Organization : R.D.Govt.arts college, sivagangai

Type of Membership : Board of Studied

Period : 3 years

Sl. No. : 4

Organization : Alagappa University

Type of Membership : Board of Studied

Period : 4Years

Visits

Collaborators

Others

Projects

Funded Projects (National Level)

- [Ongoing](#)
- [Completed](#)

Ongoing Projects List with necessary Information
Completed Projects List with necessary Information

Consultancy Projects

- [Ongoing](#)
- [Completed](#)

Ongoing Consultancy Project Informations
Completed Consultancy Project Informations

Research Guidance

- [Post Doc.](#)
- [Ph.D.](#)
- [M.Phil.](#)
- [PG](#)

Ongoing

Title
Name

Completed

Title
Name

Ongoing

Sample Data.

Completed

Sl. No. : 1

Name of the Candidates : V.Manobala

Tittle of the Thesis : Percise Dna Factors Appraisal On Associated Muscles Anthropometric Corporeal Functional Variables Of Sdat Boys And School Boys : A Study

Year of Award: 27.11.2017

Sl. No. : 2

Name of the Candidates : A.Kalarani

Tittle of the Thesis : Individualized And Combined Effects Of Complex Training With Swimming On Corporeal Functional And Skill Performance Variable Of Inter Collegiate Volleball Player

Year of Award: 19.12.2019

Sl. No. : 3

Name of the Candidates : S.Karunanidhi

Tittle of the Thesis : Impact Of Isolated Combined Medicine Ball Training And Resistance Training On Corporeal And Functional Variables Of Intercollegiate Throwers

Year of Award: 10.10.2017

Sl. No. : 4

Name of the Candidates : Manas Das

Tittle of the Thesis : Effect Of Specific Preparatory Training On Selected Coordinative Abilities Motor Fitness Physiological And Skill Performance Variables Of Inter Collegiate Football Players Of Various Positions

Year of Award: 21.11.2015

Sl. No. : 5

Name of the Candidates : V.Sivasangari

Tittle of the Thesis : Effect Of Isolated, Combined Zumba And Plyometric Circuit Training On Selected Corporeal, Physiological And Skill Performance Of Inter Collegiate Basketball Players

Year of Award: 9.02.2018

Sl. No. : 6

Name of the Candidates : E.Sathya

Tittle of the Thesis : Effect Of Eating Procedure Yogic Practices And Combination Of Them On Selected Psychological A Nd Body Composition

Analysis Of Working Women

Year of Award: 30.03.2015

Sl. No. : 7

Name of the Candidates : K.Swathipriya

Tittle of the Thesis : Effects Of Aerobic And Zumba With And Without Yogic Practices On Selected Physiological Blood Lipids And Health Related Physical Fitness Variables Of Spouse Of Naval Persons

Year of Award: 30.11.2017

Sl. No. : 8

Name of the Candidates : M.Logeshwaran

Tittle of the Thesis : Effect Of Hatha Yoga Practices With Medicine Ball Exercise On Motor Fitness Components And Playing Ability Of Intercollegiatekabbadi Players

Year of Award: 28.11.2018

Sl. No. : 9

Name of the Candidates : S.Rajaram

Tittle of the Thesis : Effects Of Varied Training Programmes On Seleted Physical Fitness Power Production And Skill Performance Variables Of Inter Collecegiate Male Volleyball Players

Year of Award: 05.05.2015

Sl. No. : 10

Name of the Candidates : M.Senthil Kumar

Tittle of the Thesis : Efeect Of Isolated And Combined Varied High Intensity Complex Training Programme On Corporeal Body Composition Physiological And Skill Performance Variables Of Intercollegiate Basketball Players

Year of Award: 30.11.2017

Sl. No. : 11

Name of the Candidates : S.Shanmugapriya

Tittle of the Thesis : Effect Of High Intensity Muscle Exercise Programme With And Without Stretching Exercise On Body Composition Physical And Physiological Variables Of Inter Collegiate Volleyball Players

Year of Award: 26.12.2018

Sl. No. : 12

Name of the Candidates : P.Velusamy

Tittle of the Thesis : Effect Of Varied Cominations Of Ladder Plyometric And Strength Training On Motor Fitness Physiological And Skill Performance Variables Of Inter Collegiate Volleyball Players.

Year of Award: 10.08.2017

Ongoing

Sample Data.

Completed

Sl. No. : 1

Name of the Candidates : MARY ANUSHYA MOHARE

Tittle of the Thesis : RELATIONSHIP AMONG SELECTED ANTHROPOMETRIC PHYSICAL FITNESS AND PHYSIOLOGICAL VARIABLES ON SKILL PERFORMANCE OF WOMEN FOOTBALL PLAYERS

Year of Award: APRIL-2019

Ongoing

Sample Data.

Completed

Sl. No. : 1

Name of the Candidates : A .Raman

Tittle of the Dissertation : Effects Of Stair Case Training And Sand Bag Training On Selected Strength And Speed Of Inter College Handball

Year of Award: May- 2015

Sl. No. : 2

Name of the Candidates : P. Jenith

Tittle of the Dissertation : A Study On Personality Traits Among Diasabled School Childrens

Year of Award: May- 2017

Sl. No. : 3

Name of the Candidates : P.Vijayakumar

Tittle of the Dissertation : Effect Of Supervisor Page Training On Selected Physical And Physiological Variable Among Intercollegiate Football Players

Year of Award: May- 2016

Sl. No. : 4

Name of the Candidates : P.Pratheep

Tittle of the Dissertation : Effect Of Varied Stretching Exercise Programme On Selected Physical And Skill Related Performance Variables Of Inter Collegiate Handball Players

Year of Award: May- 2016

Sl. No. : 5

Name of the Candidates : D.Karthik

Tittle of the Dissertation : Effect Of Sand Bag Training And Band Exercise Programme On Selected Acceleration Speed Of Intercollegiate Athlets

Year of Award: May- 2016

Sl. No. : 6

Name of the Candidates : T.Sudarsan

Tittle of the Dissertation : Comparative Study On Motor Fitness Components Between Inter Collegiate Level Martial Arts Athlete

Year of Award: May- 2017

Sl. No. : 7

Name of the Candidates : K.K.Muhammed Yasir

Tittle of the Dissertation : The Effect Of Pnf Stretching Exercise On Flexibility And Playing Ability Of Inter Collegiate Badminton Players

Year of Award: May- 2018

Sl. No. : 8

Name of the Candidates : S.Sabarimala

Tittle of the Dissertation : Comparative Study On Right Handers And Left Handers Psychological Variables Among The Kabaddi Players

Year of Award: May- 2019

Sl. No. : 9

Name of the Candidates : T.Sundar

Tittle of the Dissertation : Analysis Of Body Composition Index Among Inter Collegiate Volleyball Players

Year of Award: May- 2015

Sl. No. : 10

Name of the Candidates : P.Kalaivanan

Tittle of the Dissertation : Effect Of Parcours And Fartlek Training On Cardio Vascular Endurance Of Intercollegiate Kho-Kho Players

Year of Award: May- 2015

Sl. No. : 11

Name of the Candidates : C.Muthukumar

Tittle of the Dissertation : Effect Of Cardio Endurance Training Programme On Selected Physical And Physiological Variables Of Umpires In Basketball

Year of Award: May- 2017

Sl. No. : 12

Name of the Candidates : R.Ashok Kumar

Tittle of the Dissertation : Effect Of Various Speed Based Training Programme On Selected Physical Fitness Variables Of Inter Collegiate Hockey Players

Year of Award: May- 2019

Sl. No. : 13

Name of the Candidates : S.Palapandian

Tittle of the Dissertation : Effect Of Stair Case Training On Selected Power And Skill Performance Variables Of Intercollegiate Volleyball Players

Year of Award: May- 2015

Sl. No. : 14

Name of the Candidates : G.Bharathi

Tittle of the Dissertation : Effects Of Plyometric Training On Speed And Jumping Ability Of Inter Collegiate Volleyball Players

Year of Award: May- 2015

Sl. No. : 15

Name of the Candidates : M.Kalai Mani

Tittle of the Dissertation : Comparative Study On Physiological Variables Between Kabaddi And Kho-Kho Players On Varied Situation

Year of Award: May- 2016

Research Publication

- [International](#)
- [National](#)
- [Patents](#)
- [Conferences](#)
- [Books / Chapters](#)
- [Database](#)

1. Precise II-muscle fiber on selected corporeal variables school boys: a study

Dr.R.Annadurai

Volume 03, Issue 04, 2017.

2. Effect of polymeric circuit training on development of speed and agility on basketball players

Dr.R.Annadurai

Volume2, Issue 8, 2017.

3. Effects of aerobic and zumba training on cardiovascular endurance among middle aged women

Dr.R.Annadurai

Volume 2, Issue 5, 2017.

4. Impact of high intensity muscle exercise and stretching exercise on body composition variables of inter collegiate volleyball players

Dr.R.Annadurai

Volume 3, Issue 1, 2018.

5. Influence of high intensity training and stretching exercise on physical fitness variables of inter collegiate volleyball players

Dr.R.Annadurai

Volume 3, Issue 2, 2018.

6. Impact of isolated combined medicine ball training and resistance training on arm explosive power and arm strength of intercollegiate throwers

Dr.R.Annadurai

Volume 2, Issue 2, 2017.

7. Effects of hatha yoga practices with medicine ball exercise on overall playing ability of inter collegiate kabaddi players

Dr.R.Annadurai

Volume 3, Issue 4, 2018.

8. Effects of aerobic training and zumba training on physical fitness variables of middle age obese women

Dr.R.Annadurai

Volume 2, Issue 6(1), 2015.

1. Effects of varied high intensity programme on corporeal variables of intercollegiate basketball players.

Dr.R.Annadurai

Volume 03, Issue 04, 2017.

2. Effects of aerobic circuit training on the development of selected physical fitness components of higher secondary school basketball players

Dr.R.Annadurai

Volume 03, Issue 04, 2017.

3. Establish the selection model for long jumpers in school levels. Academic Sports Scholars.

Dr.R.AnnaduraiVolume 4,Issue 12, 2015.

4. Effects of aerobic and zumba training on cardiovascular endurance among middle aged women

Dr.R.Annadurai

Volume 2, Issue 5, 2017.

5. Effects of yoga practice with medicine ball exercises on motor fitness of inter collegiate kabaddi players.

Dr.R.Annadurai

Volume 5, Issue 11(9), 2017.

Patent Info

Conference Info

Books & Chapters Related Info

Database Related Info

Alumini Reflections: